

# AUGUST 2023

## Elementary Hot Lunch

**Nutritional Development Services**  
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

Tuesday

Wednesday

Thursday

Friday

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*Welcome Back to School*

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21  
 228 Turkey Ham & Cheese Sub  
 631 Cherry Star Vegetable Juice  
 541 Chocolate Hummus  
 670 Fresh Fruit  
 932 Cinnamon Scooby Snacks

22  
 242 Chicken, Turkey Ham & Cheese Wedge  
 621 Celery Sticks  
 632 Wango Mango Vegetable Juice  
 659 Watermelon Craisins  
 990 Chocolate Chip Cookie

23  
 227 Turkey Ham, Turkey Pepperoni & Cheese Sub  
 602 Dutch Potato Salad  
 611 Bagged Baby Carrots  
 750 Apple Juice

24  
 23 6 Turkey & Two Cheese Wedge Sandwich  
 708 Romaine Salad with Spinach & Chickpeas  
 691 Strawberry Apple Crisps

25  
 404 Italian Combo  
 630 Dragon Punch Vegetable Juice  
 697 Bagged Sliced Apples  
 841 Tostito Scoops  
 620 Salsa

28  
 268 French Bread Pizza OR  
 263 5" Round Cheese Pizza  
 631 Cherry Star Vegetable Juice  
 670 Fresh Fruit

29  
 280 Hamburger with Green Beans & 915 Hamburger Bun OR  
 285 Chicken Strips with Honey Mustard & Green Beans  
 611 Bagged Baby Carrots  
 609 Dole Mixed Fruit Cup  
 932 Cinnamon Scooby Snacks

30  
 284 Chicken Alfredo with Penne Pasta & Broccoli OR  
 297 Chicken & Veggie Dumplings  
 632 Wango Mango Vegetable Juice  
 690 Apple Crisps  
 909 Dinner Roll

31  
 215 Beef & Cheese Taco OR  
 236 Turkey & Two Cheese Wedge  
 706 Romaine Salad with Cherry Tomatoes  
 657 Strawberry Craisins

1  
 256 Cheese Stuffed Breadsticks OR  
 225 Ciabatta Cheese Melt  
 622 Marinara Sauce  
 630 Dragon Punch Vegetable Juice  
 670 Fresh Fruit

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.