## Elementary Hot Lunch- November 2023 "Eat Peaceful- Live Loveful, Healthy is the way to go!" - Layla S., Grade 5

From Alliance for Progress



Nutritional Development Services Archdiocese of Philadelphia 222 N 17th St, Philadelphia, PA 19103 215-895-3470, option 1

Monday	Tuesday	Wednesday	Thursday	Friday
30 223 Veggie Pinwheel OR 219 Turkey Pepperoni	31 273 Swedish Meatballs with Noodles & Broccoli OR	1 283 Chicken Tenders with Corn OR	2 268 French Bread Pizza OR 263 5" Round Cheese Pizza	3 215 Taco Stick OR 221 Two Cheese Chicken
Pinwheel OR 236 Turkey & Two Cheese Wedge 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus	288 Mac & Cheese with Broccoli 630 Dragon Punch Vegetable Juice 609 Dole Mixed Fruit Cup	271 Cheeseburger Calzone 611 Bagged Baby Carrots 631 Cherry Star Vegetable Juice 670 Fresh Fruit	OR 242 Chicken, Turkey Ham & Cheese Wedge 708 Romaine Salad with Spinach & Chickpeas	Quesadilla OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sub 620 Salsa 633 Sunset Sip Vegetable
686 Chillin Bat Rosati Water Ice 993 Pumpkin Cookie	909 Dinner Roll Happy Halloween	990 Chocolate Chip Cookies All Saints Day	670 Fresh Fruit OR 682 Banana	Juice 752 Fruit Punch 941 Tostitos Scoops
6 280 Hamburger with Green Beans OR 295 Meatloaf with Gravy & Mashed Potatoes 630 Dragon Punch Vegetable Juice 658 Cherry Craisins 915 Hamburger Bun	7 286 Penne Pasta with Meat Sauce & Italian Vegetable Blend OR 282 BBQ Popcorn Chicken with Sweet Mashed Potatoes 632 Wango Mango Vegetable Juice 648 Strawberry Gello Cup 901 Honey Biscuit	8 225 Ciabatta Cheese Melt OR 272 Buffalo Chicken Calzone OR 404 Italian Combo Wrap 622 Marinara Sauce 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 670 Fresh Fruit 932 Cinnamon Scooby Snacks	9 205 Popcorn Chicken & 623 Tater Tots OR 210 Cheese Stuffed Breadsticks & 622 Marinara Sauce 631 Cherry Star Vegetable Juice 670 Fresh Fruit OR 682 Bananas 992 Oatmeal Cookie	10 255 Pizza Boli OR 268 French Bread Pizza OR 228 Turkey Ham & Cheese Sub 708 Romaine Salad with Spinach & Chickpeas 685 American Hero Rosati Water Ice Veteran's Day
13 288 Mac & Cheese with Broccoli OR 291 Caribbean Pineapple Chicken with Rice & Carrots 630 Dragon Punch Vegetable Juice 694 Kiwi Strawberry Sidekick 903 Maple Biscuit	14 216 Spicy Taco Stick OR 215 Taco Stick OR 236 Turkey & Two Cheese Wedge 620 Salsa 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops	15 204 Chicken Nuggets & 603 Baked Beans OR 206 French Toast with Sausage & 623 Tater Tots 632 Wango Mango Vegetable Juice 752 Fruit Punch Juice 928 Goldfish Pretzels	16 268 French Bread Pizza OR 264 4x6 Cheese Pizza OR 242 Chicken, Turkey Ham & Cheese Wedge 706 Romaine Salad with Cherry Tomatoes 697 Sliced Apples OR 682 Bananas	17 283 Chicken Tenders with Corn OR 284 Chicken Alfredo with Penne Pasta & Broccoli 611 Bagged Baby Carrots 651 Mango Pineapple Dole Smoothie 909 Dinner Roll
World Kindness Day			NSLP Mid Year Training	
20 274 Toasted Cheese Sandwich OR 217 Spicy Grilled Cheese OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sub 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 649 Orange Gello Cup	21 295 Meatloaf with Gravy & Mashed Potatoes OR 273 Swedish Meatballs with Noodles & Broccoli 630 Dragon Punch Vegetable Juice 749 Apple Cherry Juice 993 Turkey Holiday Cookie	22 203 Mini Pepperoni Calzone & 623 Tater Tots OR 207 Cheese Ravioli & 624 Green Beans 632 Wango Mango Vegetable Juice 670 Fresh Fruit 990 Chocolate Chip Cookie	Happy Thanksgiving	24
27 281 Popcorn Chicken with Roasted Potatoes OR 283 Chicken Tenders with Corn 630 Dragon Punch Vegetable Juice 650 Strawberry Banana Dole Smoothie 932 Scooby Snacks	28 208 Mini Corn Dogs & 623 Tater Tots OR 209 Taco Meat & 625 Corn 620 Salsa 644 Dole Pear Cup 941 Tostitos Scoops	29 284 Chicken Alfredo with Penne Pasta & Broccoli OR 288 Mac & Cheese with Broccoli 631 Cherry Star Vegetable Juice 656 Craisins 909 Dinner Roll	30 268 French Bread Pizza OR 264 4x6 Cheese Pizza OR 236 Turkey & Two Cheese Wedge 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit OR 682 Banana	1 200 Hamburger OR 201 Cheeseburger OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sub 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 695 Strawberry Mango Sidekick

MENU IS SUBJECT TO CHANGE- A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free. PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours. NDSSchoolLunchProgram SchoolMealsNDS

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