

Elementary School Breakfast Menu

September 2026

"Keep shining with veggies and fruits!" - Skylar A. 5th Grade @ Ad Prima School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily. Condiments offered daily. Fruit & vegetable juices are 100% juice. Grains are whole grain. All items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
31 326 Trix Cereal Cup OR 308 Strawberry Mini Bagel 750 Apple Juice 684 Strawberry Banana Applesauce Pre-K: 345 Honey Scooters Cereal 386 Frosted Flakes BK Kit	1 328 Chocolate Chip Muffin OR 364 Mini Cinni Pull-A-Part 747 Orange Citrus Juice 658 Cherry Craisins Pre-K: 327 Eggo Mini Maple Waffles 386 Frosted Flakes BK Kit	2 366 Blueberry Bagel OR 311 Apple Jacks Pouch 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 339 Orange Cranberry Muffins 386 Frosted Flakes BK Kit	3 323 Apple Cinnamon Muffin OR 306 Apple Baked Frudel 748 Grape Juice 649 Orange Gel Cup Pre-K: 367 Cinnamon Raisin Bagel 386 Frosted Flakes BK Kit	4 351 Cinnamon Toast Crunch Bar OR 358 Poffitz Pancake Bites  670 Fresh Fruit OR 682 Bananas 753 Orange Juice Pre-K: 330 Blueberry Muffin 386 Frosted Flakes BK Kit
7 	8 320 Corn Muffin OR 338 French Toast Sticks (Heat) 749 Apple Cherry Juice 642 Orange Burst Raisels Pre-K: 346 Cinnamon Toast Crunch Cereal 387 Froot Loops BK Kit	9 367 Cinnamon Raisin Bagel OR 317 Confetti Mini Pancakes 750 Apple Juice 670 Fresh Fruit Pre-K: 369 Pillsbury Mini French Toast 387 Froot Loops BK Kit	10 334 Cinnamon Toast Crunch Cereal OR 131 Mango Yogurt & 921 Granola 747 Orange Citrus Juice 697 Bagged Apple Slices Pre-K: 341 Honey Bunches of Oats 387 Froot Loops BK Kit	11 365 Mini Cinni Caramel Pull-A-Part OR 314 Chocolate Swirl  752 Fruit Punch Juice 689 Strawberry Applesauce Pre-K: 331 Corn Muffin 387 Froot Loops BK Kit
14 318 Cinnamon Mini Waffles OR 307 Cherry Frudel 748 Grape Juice 657 Strawberry Craisins Pre-K: 344 Blueberry Chex Cereal 383 Cheerios BK Kit	15 324 Cocoa Puffs Cereal OR 368 Plain Bagel  670 Fresh Fruit 753 Orange Juice Pre-K: 332 Apple Cinnamon Muffin 383 Cheerios BK Kit	16 358 Proffitz Pancake Bites OR 372 Lemon Bread Slice 749 Apple Cherry Juice 648 Strawberry Gello Cups Pre-K: 345 Honey Scooters Cereal 383 Cheerios BK Kit	17 321 Banana Muffin OR 333 Blueberry Chex Cereal  750 Apple Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 369 Blueberry Bagel 383 Cheerios BK Kit	18 370 Cinnamon Toast Mini French Toast OR 302 Egg & Cheese Turkey Sausage Wrap (Hot) 747 Orange Citrus Juice 641 Tropical Raisels Pre-K: 327 Eggo Mini Maple Waffles 383 Cheerios BK Kit
21 369 Trix French Toast OR 312 Fruit Loops Cereal Pouch 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 346 Cinnamon Toast Crunch Cereal 384 Cinnamon Toast Crunch Kit	22 323 Apple Cinnamon Muffin OR 316 Maple Mini Pancakes 748 Grape Juice 654 Raspberry Lemonade Craisins Pre-K: 332 Apple Cinnamon Muffin 384 Cinnamon Toast Crunch Kit	23 366 Blueberry Bagel OR 315 Apple Cinnamon Toast (Heat) 753 Orange Juice 670 Fresh Fruit Pre-K: 343 Rice Chex Cereal 384 Cinnamon Toast Crunch Kit	24 325 Cinnamon Chex Cereal OR 262 Turkey Sausage Breakfast Pizza (Heat)  749 Apple Cherry Juice 697 Bagged Apple Slices Pre-K: 358 Proffitz Pancake Bites 384 Cinnamon Toast Crunch Kit	25 328 Chocolate Chip Muffin OR 327 Eggo Maple Waffles 750 Apple Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 330 Blueberry Muffin 384 Cinnamon Toast Crunch Kit
28 333 Blueberry Chex Cereal OR 317 Confetti Mini Pancakes 747 Orange Citrus Juice 688 Orange Mango Applesauce Pre-K: 345 Honey Scooters Cereal 390 Chocolate Chip Muffin Kit	29 314 Chocolate Swirl OR 351 Cinnamon Toast Crunch Bar 752 Fruit Punch Juice 670 Fresh Fruit Pre-K: 331 Corn Muffin 390 Chocolate Chip Muffin Kit	30 322 Blueberry Muffin OR 306 Apple Baked Frudel 654 Raspberry Lemonade Craisins 748 Grape Juice All: Pre-K: 369 Pillsbury Mini French Toast 390 Chocolate Chip Muffin Kit	1 367 Cinnamon Raisin Bagel OR 370 Cinnamon Toast Crunch Mini French Toast 670 Fresh Fruit OR 682 Bananas 753 Orange Juice Pre-K: 368 Plain Bagel 390 Chocolate Chip Muffin Kit	2 320 Corn Muffin OR 364 Mini Cinni Pull-A-Part 749 Apple Cherry Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 347 Cinnamon Chex Cereal 390 Chocolate Chip Muffin Kit

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Elementary School Hot Lunch

SEPTEMBER 2026

"Keep shining with veggies and fruits!" - Skylar A. 5th Grade @ Ad Prima School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
31 215 Beef Taco Stick OR 253 Three Cheese Quesadilla V OR 404 Italian Combo Wrap 620 Salsa Cup 140 Fiesta Bean Dip 670 Fresh Fruit 941 Tostitos Scoops	1 204 Chicken Nuggets OR 203 Mini Pepperoni Calzone OR 229 Turkey Ham & Cheese Croissant 611 Bagged Baby Carrots 543 Red Pepper Hummus 659 Watermelon Craisins 928 Goldfish Pretzels	2 284 Chicken Alfredo, Penne and Broccoli & 909 Dinner Roll OR 280 Beef Burger w. Green Beans & 915 Hamburger Buns 634 Ruby Rusher Veggie Juice 641 Tropical Raisels	3 264 4x6 Cheese Pizza V OR 268 French Bread Pizza V OR 236 Turkey & Two Cheese Wedge 708 Spinach Salad w. Tomatoes 749 Apple Cherry Juice	4 205 Popcorn Chicken OR 206 French Toast w. Sausage National Doodle Day  623 Tater Tots 630 Dragon Punch Veggie Juice 670 Fresh Fruit OR 682 Bananas 934 Dino Bites
7 	8 224 Meatballs w. Elbow Noodles & Sauce OR 288 Mac & Cheese w. Broccoli V 632 Wango Mango Veggie Juice 685 American Hero Rosati Ice 909 Dinner Roll	9 257 Mozzarella Sticks V OR 256 Cheese Stuffed Breadsticks V 622 Marinara Sauce 631 Cherry Star Veggie Juice 670 Fresh Fruit	10 208 Mini Corn Dogs OR 254 BBQ Rib Sandwich 611 Bagged Baby Carrots 623 Tater Tots 659 Cherry Craisins	11 263 5" Round Cheese Pizza V OR 264 4x6 Cheese Pizza V 628 Broccoli 670 Fresh Fruit OR 682 Bananas 
14 480 Kolache OR 220 Hot Dog & 906 Hot Dog Buns 623 Tater Tots 541 Chocolate Hummus 642 Orange Burst Raisels 932 Cinnamon Scooby Snacks	15 283 Chicken Tenders & Corn OR 281 Popcorn Chicken w. Roasted Potatoes 632 Wango Mango Veggie Juice 670 Fresh Fruit 928 Goldfish Pretzels National Hoagie Day 	16 200 Hamburger OR 201 Cheeseburger OR 242 Chicken, Turkey Ham & Cheese Wedge 611 Bagged Baby Carrots 543 Red Pepper Hummus 610 Dole Papaya Mango Fruit Cup	17 212 Taco Triangles OR 268 French Bread Cheese Pizza V OR 404 Italian Combo Wrap 706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas	18 221 Two Cheese Chicken Quesadilla OR 225 Ciabatta Cheese Melt V 620 Salsa Cup 634 Ruby Rusher Veggie Juice 694 Kiwi Strawberry Sidekick
21 295 Meatloaf & Gravy w/ Mashed Potatoes OR 286 Penne w. Meatsauce & Cheese Veggies 633 Sunset Sip Veggie Juice 670 Fresh Fruit 909 Dinner Rolls	22 203 Mini Pepperoni Calzone OR 208 Mini Corn Dogs 623 Tater Tots 634 Ruby Rusher Veggie Juice 752 Fruit Punch Juice	23 215 Taco Stick OR 253 Three Cheese Quesadilla V OR 232 Buffalo Chicken on Brioche Bun 620 Salsa 140 Fiesta Bean Dip 697 Bagged Apple Slices 941 Tostitos Scoops	24 204 Chicken Nuggets OR 207 Cheese Ravioli V OR 234 Turkey Ham & Two Cheese on Roll 708 Spinach Salad w. Chickpeas 641 Tropical Raisels 931 Bug Bites National Teddy Bear Day 	25 263 5" Round Cheese Pizza V OR 256 Cheese Stuffed Breadsticks V 622 Marinara Sauce 631 Cherry Star Veggie Juice 668 Orange Mango Applesauce
28 206 French Toast w/ Sausage OR 205 Popcorn Chicken & 939 Heartzel Pretzels 702 Potato Smiles 749 Apple Cherry Juice	29 254 BBQ Rib Sandwich OR 480 Kolache & 931 Bug Bites OR 229 Turkey Ham & Cheese Croissant 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 670 Fresh Fruit	30 209 Taco Meat OR 222 Sloppy Joe OR 232 Buffalo Chicken on Brioche 620 Salsa Cup 140 Fiesta Bean Dip 645 Dole Pineapple Cup 941 Tostitos Scoops	1 226 Philly Steak & Cheese Pinwheel OR 268 French Bread Pizza V OR 404 Italian Combo Wrap 706 Spinach Salad w. Tomatoes 648 Strawberry Gello Cup	2 225 Ciabatta Cheese Melt V OR 257 Mozzarella Sticks V 622 Marinara Sauce 632 Wango Mango Veggie Juice 659 Watermelon Craisins

V= Vegetarian Options

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 **Catholic Charities of Philadelphia**
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215-895-3470 option 1

NUTRITIONAL DEVELOPMENT SERVICES