

ELEMENTARY SCHOOL

OCTOBER 2026

BREAKFAST MENU



ADMIT ONE

No: 01234

"LUNCH: Your shortcut to happy taste buds!"
Charlotte M. 6 Grade @ Nazareth Academy

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
5 308 Strawberry Mini Bagel OR 325 Cinnamon Chex Cup 747 Orange Citrus Blend Juice 659 Watermelon Craisins Pre-K: 331 Corn Muffin 385 Trix BK Kit	6 369 Trix Mini French Toast OR 307 Cherry Frudel 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 369 Trix Mini French Toast 385 Trix BK Kit HAPPY TEACHER'S DAY	7 329 Honey Cheerios Cereal OR 318 Cinnamon Mini Waffles 748 Grape Juice 641 Tropical Raisels Pre-K: 368 Wheat Bagel 385 Trix BK Kit	8 316 Maple Mini Pancakes OR 318 Cinnamon Mini Waffles 670 Fresh Fruit 753 Orange Juice Pre-K: 330 Blueberry Muffin 385 Trix BK Kit	9 319 Orange Cranberry Muffin OR 368 Plain Bagel 749 Apple Cherry Juice 609 Dole Mixed Fruit Cup Pre-K: 341 Honey Bunches of Oats 385 Trix BK Kit
12 326 Trix Cereal Cup OR 308 Strawberry Mini Bagel 750 Apple Juice 684 Strawberry Banana Applesauce Pre-K: 331 Corn Muffin 386 Frosted Flakes BK Kit	13 328 Chocolate Chip Muffin OR 364 Mini Cinni Pull-A-Part 747 Orange Citrus Juice 658 Cherry Craisins Pre-K: 345 Honey Scooters Cereal 386 Frosted Flakes BK Kit	14 366 Blueberry Bagel OR 311 Apple Jacks Pouch 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 367 Cinnamon Raisin Bagel 386 Frosted Flakes BK Kit National School Lunch Week	15 323 Apple Cinnamon Muffin OR 306 Apple Baked Frudel 748 Grape Juice 649 Orange Gel Cup Pre-K: 330 Blueberry Muffin 386 Frosted Flakes BK Kit	16 351 Cinnamon Toast Crunch Bar OR 358 Poffitz Pancake Bites 670 Fresh Fruit OR 682 Bananas 753 Orange Juice Pre-K: 358 Poffitz Pancake Bites 386 Frosted Flakes BK Kit
19 329 Honey Cheerios Cup OR 316 Maple Mini Pancakes 749 Apple Cherry Juice 670 Fresh Fruit Pre-K: 345 Honey Scooters Muffin 387 Froot Loops BK Kit	20 320 Corn Muffin OR 338 French Toast Sticks (Heat) 750 Apple Juice 642 Orange Burst Raisels Pre-K: 347 Cinnamon Chex 387 Froot Loops BK Kit	21 367 Cinnamon Raisin Bagel OR 317 Confetti Mini Pancakes 747 Orange Citrus Blend Juice 689 Strawberry Applesauce Pre-K: 327 Maple Mini Waffles 387 Froot Loops BK Kit National Apple Day	22 334 Cinnamon Toast Crunch Cereal OR 131 Mango Yogurt & 921 Granola 752 Fruit Punch Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 341 Honey Bunches of Oats 387 Froot Loops BK Kit	23 365 Mini Cinni Caramel Pull-A-Part OR 314 Chocolate Swirl 748 Grape Juice 659 Watermelon Craisins Pre-K: 332 Apple Cinnamon Muffin 387 Froot Loops BK Kit
26 318 Cinnamon Mini Waffles OR 307 Cherry Frudel 753 Orange Juice 657 Strawberry Craisins Pre-K: 345 Honey Scooters Cereal 346 Cinnamon Toast Crunch BK Kit	27 324 Cocoa Puffs Cereal OR 368 Plain Bagel 749 Apple Cherry Juice 670 Fresh Fruit Pre-K: 339 Orange Cranberry Muffin 346 Cinnamon Toast Crunch BK Kit	28 358 Proffitz Pancake Bites OR 372 Lemon Bread Slice 750 Apple Juice 648 Strawberry Gello Cups Pre-K: 367 Cinnamon Raisin Bagel 346 Cinnamon Toast Crunch BK Kit	29 321 Banana Muffin OR 333 Blueberry Chex Cereal 747 Orange Citrus Blend Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 369 Trix Mini French Toast 346 Cinnamon Toast Crunch BK Kit	30 370 Cinnamon Toast Mini French Toast OR 302 Egg & Cheese Turkey Sausage Wrap (Hot) 752 Fruit Punch Juice 641 Tropical Raisels Pre-K: 331 Corn Muffin 346 Cinnamon Toast Crunch BK Kit HAPPY HALLOWEEN

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

ELEMENTARY SCHOOL

OCTOBER 2026

HOT LUNCH MENU



ADMIT ONE

No : 01234

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Charlotte M. 6 Grade @ Nazareth Academy

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
5 263 5" Round Cheese Pizza V OR 268 French Bread Cheese Pizza V 630 Dragon Punch Veggie Juice 670 Fresh Fruit	6 212 Taco Triangles OR 208 Mini Corn Dogs  623 Tater Tots 620 Salsa Cup 658 Cherry Craisins 941 Tostitos Scoops	7 225 Ciabatta Cheese Melt V OR 221 Two Cheese Chicken Quesadilla OR 234 Turkey Ham & Two Cheese On Roll 611 Bagged Baby Carrots 543 Red Pepper Hummus 670 Fresh Fruit	8 254 BBQ Rib Sandwich OR 201 Cheeseburger OR 237 Italian Sandwich 708 Spinach Salad w. Tomatoes 749 Apple Cherry Juice	9 257 Mozzarella Sticks V OR 256 Cheese Stuffed Breadsticks V 622 Marinara Sauce 634 Ruby Rusher Veggie Juice 641 Tropical Raisels
12 215 Beef Taco Stick OR 253 Three Cheese Quesadilla V OR 404 Italian Combo Wrap  620 Salsa Cup 140 Fiesta Bean Dip 670 Fresh Fruit 941 Tostitos Scoops	13 204 Chicken Nuggets OR 203 Mini Pepperoni Calzone OR 229 Turkey Ham & Cheese Croissant 611 Bagged Baby Carrots 543 Red Pepper Hummus 659 Watermelon Craisins 928 Goldfish Pretzels	14 205 Popcorn Chicken OR 206 French Toast w. Sausage  623 Tater Tots 630 Dragon Punch Veggie Juice 641 Tropical Raisels 934 Dino Bites	15 264 4x6 Cheese Pizza V OR 268 French Bread Pizza V OR 236 Turkey & Two Cheese Wedge 708 Spinach Salad w. Tomatoes 749 Apple Cherry Juice	16 284 Chicken Alfredo, Penne and Broccoli & 909 Dinner Roll OR 280 Beef Burger w. Green Beans & 915 Hamburger Buns 634 Ruby Rusher Veggie Juice 670 Fresh Fruit OR 682 Bananas
19 224 Meatballs w. Elbow Noodles & Sauce OR 288 Mac & Cheese w. Broccoli V 632 Wango Mango Veggie Juice 670 Fresh Fruit 901 Honey Biscuits	20 209 Taco Meat OR 251 Grilled Cheese V OR 237 Italian Sandwich 620 Salsa Cup 140 Fiesta Bean Dip 752 Fruit Punch Juice 941 Tostitos Scoops	21 257 Mozzarella Stick V OR 256 Cheese Stuffed Breadsticks V  622 Marinara Sauce 631 Cherry Star Veggie Juice 697 Bagged Sliced Apples	22 208 Mini Corn Dogs OR 254 BBQ Rib Sandwich 611 Bagged Baby Carrots 623 Tater Tots 659 Watermelon Craisins	23 263 5" Round Cheese Pizza V OR 264 4x6 Cheese Pizza V 708 Spinach Salad w. Chickpeas 670 Fresh Fruit OR 682 Bananas
26 480 Kolache OR 220 Hot Dog & 906 Hot Dog Buns 623 Tater Tots 541 Chocolate Hummus 643 Grape Raisels 932 Cinnamon Scooby Snacks	27 283 Chicken Tenders & Corn OR 281 Popcorn Chicken w. Roasted Potatoes 632 Wango Mango Veggie Juice 670 Fresh Fruit 928 Pretzel Goldfish	28 200 Hamburger OR 201 Cheeseburger OR 242 Chicken, Turkey Ham & Cheese Wedge 611 Bagged Baby Carrots 543 Red Pepper Hummus 610 Dole Papaya Mango Fruit Cup	29 212 Taco Triangles OR 268 French Bread Cheese Pizza V 706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas	30 221 Two Cheese Chicken Quesadilla OR 225 Ciabatta Cheese Melt V  620 Salsa Cup 634 Ruby Rusher Veggie Juice 687 Rosati "Chillin Bat" Ice 993 Halloween Crackers

V= Vegetarian Options

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Catholic Charities
of Philadelphia

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215-895-3470 option 1

NUTRITIONAL
DEVELOPMENT
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